

NORWALK YOUTH FIELD HOCKEY

2026 FALL SEASON

We're excited to welcome new and returning players for another fun and rewarding season of learning, teamwork, and competition. Whether your child is picking up a stick for the first time or preparing for high school field hockey, we have a program for every age and skill level.



PROGRAM OFFERINGS

✓ 1ST & 2ND GRADE \$130

A fun introduction to field hockey! Players will learn the basics of stick handling, passing, dribbling, shooting, and game rules through age-appropriate drills and games.

No experience necessary—just come ready to have fun!

✓ 3RD & 4TH GRADE \$225

Players continue developing their skills while learning game play through drills, small-sided games, and round robin scrimmages in a fun and supportive environment.

✓ 5TH & 6TH GRADE \$275

Players are placed on teams by grade (not skill) and participate in one weekly practice and weekend games.

This program emphasizes skill development, teamwork, and game play in a fun, competitive environment.

✓ 7TH & 8TH GRADE \$325

Designed to prepare players for high school field hockey, this program focuses on advanced skills, strategy, and game play.

Two weekly practices and weekend games provide a more competitive experience, while beginners are still welcome and encouraged to join.



IMPORTANT DATES

- Practices Begin:
Week of August 31, 2026
- Grades 5–8 Wednesday Practices: Begin Wednesday, **September 2**
- Grades 1–4 Wednesday Practices: Begin Wednesday, **September 9**
- 7th & 8th Grade Friday Practice & Goalie Clinic: Begin Friday, **September 4**
- Games
 - Grades 5–8: Begin **September 12–13** (the weekend after Labor Day)
 - Grades 3–4: Games begin in **October**



PRACTICE SCHEDULE



- Grades 1–8: Wednesday evenings
- Grades 7–8: Additional one-hour practice every Friday
- Goalie Clinic: Friday evenings (all goalies welcome)

All practices will be held on the **Upper Field** at **Nathan Hale Middle School**. Practice times will be announced closer to the start of the season.



REQUIRED EQUIPMENT

Each player should bring:



Field hockey stick



Shin guards



Mouthguard



Water bottle



Athletic shoes or cleats



UNIFORMS

- Grades 1–4: Registration includes a Norwalk Youth Field Hockey pinnie that players keep.
- Grades 5–8: Players will be issued a numbered loaner jersey for the season, which must be returned at the end of the season.



REGISTER TODAY!

Click the link below to register: ➔

<https://register.teamsnap.com/form/OHzwL9LmCURuaz05N7S6b>

